On a 78°F day, the temperature inside a shaded car is about 90°F, while the inside of a car parked in the sun can reach 160°F in minutes. Even opening windows or parking in the shade won’t prevent a dog from getting overheated. The heat is especially hard on dogs because they can only cool themselves by panting and by sweating through their paws. With only hot air to breathe, dogs and other animals can suffer irreversible brain damage and even die of heatstroke in just minutes. This summer, leave your dog safe at home.

To learn more about helping animals in hot weather, please visit PETA.org.